

Kit list

Tick it the night before. Soft bags only — hard cases have nowhere to live on a boat.

ON YOU / PERSONAL

- | | |
|--|--|
| <input type="checkbox"/> Lifejacket (or use the boat's) & personal AIS / PLB | <input type="checkbox"/> Non-slip sailing boots & deck shoes |
| <input type="checkbox"/> Base layers, mid layer, hat & gloves | <input type="checkbox"/> Sun hat, sunglasses & sunblock |
| <input type="checkbox"/> Personal medication & seasickness tablets | <input type="checkbox"/> Soft holdall, washbag, towel |

WET-WEATHER & NIGHT

- | | |
|--|--|
| <input type="checkbox"/> Oilskins — jacket & salopettes | <input type="checkbox"/> Spare warm layers (more than you think) |
| <input type="checkbox"/> Head torch (red mode) & spare batteries | <input type="checkbox"/> Knife & a spare length of line |

USEFUL TO BRING

- | | |
|--|---|
| <input type="checkbox"/> Reusable water bottle | <input type="checkbox"/> Snacks for your watch |
| <input type="checkbox"/> Dry bag for phone & documents | <input type="checkbox"/> Cash & cards for marina / fuel |