

Crew safety brief

Run this with everyone aboard, first time on the boat. Show, don't just tell — walk them to each item.

SHOW THEM

- Lifejackets — fit, adjust, light & crotch strap
- Liferaft & grab-bag location
- Fire extinguishers & fire blanket
- Seacocks & soft-wood bungs
- Harness & where to clip on (jackstays)
- Flares — where, and which is which
- Bilge pumps & how to work them
- First-aid kit & any crew medical needs

TELL THEM

- MOB — shout, point, throw, press the GPS MOB
- One hand for the boat; clip on at night / in weather
- Gas / stove discipline
- How to send a Mayday on Ch 16 / DSC
- Be sick to leeward — and stay clipped on
- Heads — how it works, what not to flush

CREW NAMES & MEDICAL NOTES

Original Learn the Sea training template — free to print and use. Not a substitute for official RYA publications or an up-to-date almanac.